

## Best practices

- Have the quick start guide on hand
- Plan to join early to start on time
- Make sure your mobile, laptop or tablet is charged and ready
- Turn on your video camera
- Join from a well-lit room
- Use ear buds to reduce background noise
- Prepare pictures or anything else you'd like to share
- Get comfortable and enjoy the moment

**Cisco** Webex

Spend quality time with your loved ones, without the travel



Perhaps there's a birthday or anniversary coming up,  
or maybe you just want to chat.

We offer virtual visits to keep you connected.

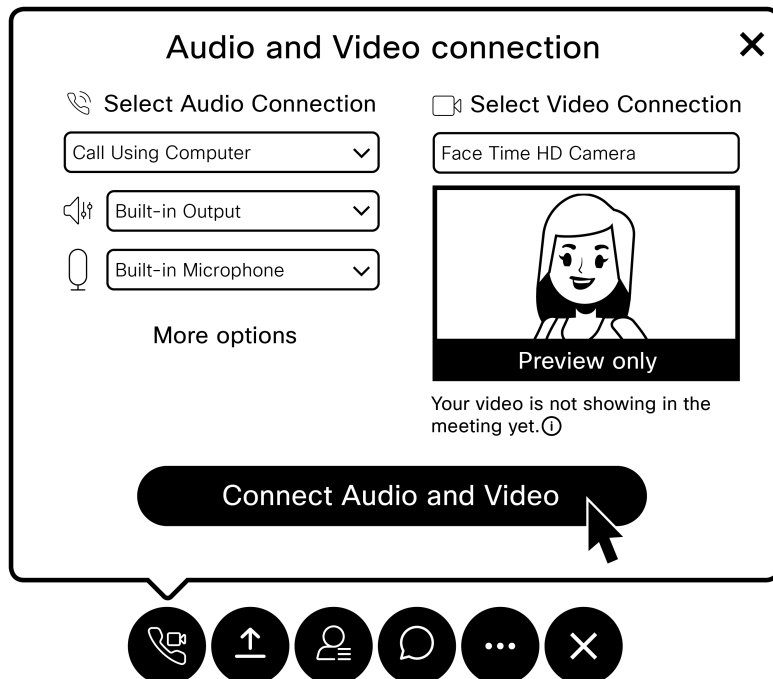
# Quick start guide

## Join a video meeting from your computer

1. Select **Join** in your email invitation.

*Your web browser will open a new page and load the meeting information.*

2. Enter the required information.
3. Click **Join Meeting**.



## Connect to audio and video

1. From the **Select Audio Connection** drop-down list, select your video connection.
2. From the **Select Video Connection** drop-down list. Select **your video connection**.
3. Select **Connect Audio, Start My Video**. Or **Connect Audio and Video**.

## Just a tip

Joining from your mobile phone or tablet is super easy!

Scan the QR code using your camera or tap the QR code to download the Webex Meetings app.



## Having issues? Contact Webex Support

US & Canada (866) 229-3239  
International Toll Number (408) 906-2222