

Best practices

- Have the quick start guide on hand
- Plan to join early to start on time
- Make sure your mobile, laptop or tablet is charged and ready
- Turn on your video camera
- Join from a well-lit room
- Use ear buds to reduce background noise
- Prepare pictures or anything else you'd like to share
- Get comfortable and enjoy the moment

Cisco Webex

Spend quality time with your loved ones, without the travel



Perhaps there's a birthday or anniversary coming up,
or maybe you just want to chat.

We offer virtual visits to keep you connected.

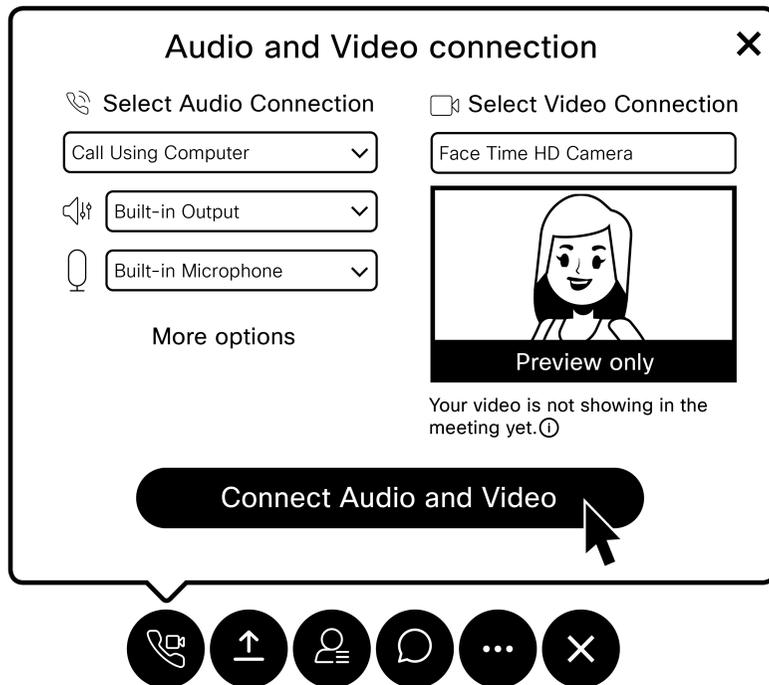
Quick start guide

Join a video meeting from your computer

1. Select **Join** in your email invitation.

Your web browser will open a new page and load the meeting information.

2. Enter the required information.
3. Click **Join Meeting**.



Connect to audio and video

1. From the **Select Audio Connection** drop-down list, select your video connection.
2. From the **Select Video Connection** drop-down list. Select **your video connection**.
3. Select **Connect Audio, Start My Video**. Or **Connect Audio and Video**.

Just a tip

Joining from your mobile phone or tablet is super easy!

Scan the QR code using your camera or tap the QR code to download the Webex Meetings app.



Having issues? Contact Webex Support

US & Canada (866) 229-3239

International Toll Number (408) 906-2222